## Northeastern Ontario New Farmer Network Fall in the CSA/Market Garden

## Sunday October 5th, 10am-4pm

Field Good Farms/Ferme j'me champ bien 1345 Levac Rd, Cache Bay, ON

- ◆ Farm Tour and Discussion: 10:00am 12:30pm
- Potluck Lunch: 12:30pm 1:30pm
  \*Please bring a dish to share as well as a plate, bowl, cup and cutlery.
- Work Bee (weather dependant): 1:30-4:00pm

Join Isabelle and Ryan of <u>Field Good Farms</u> (Ferme j'me champ bien) for a tour of their farm and a glimpse into the changes and special considerations Fall brings to their CSA/Market Garden. We will be discussing cold hardy vegetable varieties, season extension techniques and preparing the garden for the winter months. Ryan and Isabelle are in their 3rd year farming organically on their 10 acre farm in Cache Bay, Ontario. The operate vegetable CSA, produce vegetables for the Eat Local Sudbury Co-op Multi-Farmer CSA, and sell vegetables each Saturday at the North Bay Farmer's Market. Isabelle and Ryan are working towards organic certification for their farm.

